VALIDATION OF THE OPTICAL AKTIIA BRACELET IN DIFFERENT BODY POSITIONS

AKTIIA

PUBLICATION

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CITATION

Sola, J., Vybornova, A., Fallet, S. et al. Validation of the optical Aktiia bracelet in different body positions for the persistent monitoring of blood pressure. Sci Rep 11, 20644 (2021).

STUDY PURPOSE

The main objective of the study was to demonstrate the accuracy and precision of BP values estimated by the Aktiia Bracelet when compared to BP readings obtained by manual double auscultation in the most common body positions of daily life.

STUDY POPULATION

n= 91 study participants

43/43
male/female

21-65 (38) *Age: Range (Mean)*

RESULTS

Systolic BP (Mean ± Std)

0.46 ± 7.75 mmHgSitting position (wrist at heart level)

- 3.02 ± 6.10 mmHg
Sitting position (wrist on lap)

- **2.44 ± 10.15 mmHg** *Lying position*

- **0.62 ± 12.51 mmHg**Standing position

- 1.11 ± 9.85 mmHg
All positions

Diastolic BP (Mean ± Std)

0.39 ± 6.86 mmHgSitting position (wrist at heart level)

- **4.22 ± 6.56 mmHg**Sitting position (wrist on lap)

- **1.93 ± 7.65 mmHg** *Lying position*

- 4.85 ± 9.11 mmHg
Standing position

- 1.32 ± 7.56 mmHg *All positions*

CONCLUSION

Aktiia can accurately estimate BP in the most common body positions compared to auscultation.